

**Wood Dale Park District
Fitness Studio Membership Form**

FITNESS STUDIO WAIVER

OFFICE USE ONLY	
Total Fees:	
Card#:	
Expiration Date:	
Receipt Number:	
Staff Initials:	

Last Name: _____ First Name: _____ Date: _____

Birth Date: _____ Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Alternate Phone: _____

Email Address: _____

Emergency Contact:

Name: _____ Phone: _____ Relationship: _____

Please check the following:

Type of Membership:

Resident	Non Resident	Individual	Family	Senior
New Membership	Membership	Couple	Corporate	Student

Additional Members:

First Name	Last Name	Birth Date	Card #

Membership Cancellation Policy

RIGHT TO CANCEL: A membership cancellation/resignation form must be filled out and submitted at the front desk. Written requests for cancellation received before or by the 5th of the current month will have their final billing during that month. Cancellations/resignations received after the 5th of the current month will be responsible for the next month's membership dues as well as the current month. Membership cancellations cannot be made over the phone. Annual memberships are continuous memberships and require 30 days notice prior to the desired termination date. Refunds for any portion of unused dues are subject to the approval of the Recreation Supervisor and may be issued in the form of District credit. _____ Initials

I have read and fully understand the important information on the reverse side, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, your on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

(PLEASE PRINT) Participants Name: _____

Participants Signature _____

Participants Signature (18 years or older or Parent/Guardian) _____

Date: _____

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IMPORTANT INFORMATION:

The Wood Dale Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Wood Dale Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participant's safety. However, participants and parents/guardians of minors registering for this program must recognize that there is an inherent risk of injury when choosing to participate in recreational activities. You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, suffers from an underlining medical condition, takes medications, smokes cigarettes, has a family history of coronary disease, or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK:

Aerobic and other fitness exercises including such items as passive/resistive weight training, use of stair machines, jogging, free weights, and other training devices, despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, pose a substantial risk of serious injury, including death. Understandably, not all hazards and dangers can be foreseen. Participants must understand that certain risks, dangers and injuries due to acts God, slipping, falling, equipment failure, failure in supervision/instruction/ premises defects and all other circumstances inherent to recreational activities/programs exist. Dependent upon a person's physical condition, age and skill level, aerobics and fitness exercises can involve a substantial risk of the following types of injuries. This list is by no means complete, but includes some of the more common ones:

- | | |
|--|--|
| 1. Heart attack, stroke and circulatory problems | 4. Shin splints |
| 2. Bone and joint injuries | 5. Muscle strain and other muscle injuries |
| 3. Back and neck injury | 6. Foot problems |

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of such participation. I fully understand and agree that all exercises including aerobic activities, the use of weights, number of repetitions, and use of any and all machinery, equipment and apparatus designed for exercising shall be at my or my minor child/ward's sole risk.

Notwithstanding any consultation or instruction on exercise programs which may be provided by the Wood Dale Park District, it is hereby understood that the selection of exercise programs, methods and types of equipment shall be my or my minor child/ward's entire responsibility, and that the Wood Dale Park District, including its officials, employees, agents and volunteers (hereinafter collectively Wood Dale Park District) shall not be liable for any claims, demands, injuries, damages, or loss to person or property arising out of or in connection with the use of the services and facilities contemplated by this agreement.

I further agree to waive and relinquish all claims I or my minor child/ward may have or which may accrue to me and/or my minor child/ward as a result of participation in this program/activity.

I do hereby fully release and forever discharge the Wood Dale Park District from any and all claims for injuries, damages or loss that I or my minor child/ward may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with this program/activity.

Referrals:

Name: _____ Relationship: _____

Name: _____ Relationship: _____

Name: _____ Relationship: _____