

Seniors

Starting 55+

Who to Contact

Jen Bolich, jbolich@wdparks.org

Mahjong & Mocktails

Ages 55+

Join us for an afternoon of strategy, laughter, and refreshing sips at our Mahjong & Mocktail event. Whether you're a seasoned player or brand new to the game, everyone is welcome to pull up a chair and join the fun. Enjoy friendly rounds of Mahjong in a relaxed, social setting while sipping on delicious, alcohol-free mocktails. It's the perfect opportunity to learn something new, connect with friends, and unwind in great company. **Registration deadline is September 1.**

Code	Dates	Day/Time	Location	R/NR
44506SP	9/4	F/2:30-4:00pm	WL	$20/24

Chair PIYO

Ages 55+

Grab a friend and join us for this brand-new fitness program. Strengthen, stretch, and move better in this dynamic chair yoga and Pilates class. Designed for all fitness levels, this class focuses on mobility, flexibility, and core strength, with optional light weights for extra resistance. **Instruction by Chicago Loves Dance. Registration deadline is one week before the first class. No class on October 16 and November 12.**

Code	Dates	Day/Time	Location	R/NR
44514SP	9/4-10/9	F/10:00-11:00am	RC	$90/100
44515SP	10/23-12/4	F/10:00-11:00am	RC	$90/100

Friendly Feud & Fun Snacks

Ages 55+

Join us for a Friendly Feud Game inspired by the classic game show Family Feud, where quick thinking and teamwork take center stage! Players will form teams and go head-to-head, answering fun survey-style questions to see who can guess the most popular responses. Light snacks will be available. **Registration deadline is September 8.**

Code	Dates	Day/Time	Location	R/NR
44507SP	9/15	Tu/2:30-4:00pm	WL	$20/24

Oktoberfest

Ages 55+

Back by popular demand! Festive games, hearty flavors, and great company! Bring your appetite, we will be serving beer brats, German potato salad and desserts. This is a BYOB event. **Registration deadline is October 15.**

Code	Dates	Day/Time	Location	R/NR
44508SP	10/22	Th/11:00am-1:00pm	WL	$25/31

Ugly Sweater & White Elephant Party

Ages 55+

Join us for a festive afternoon of games, snacks, and ugly sweaters! Dig out your most outrageous holiday attire—think bright colors, jingle bells, reindeer, and over-the-top designs—and show it off in our fun Ugly Sweater Contest. Prizes will be awarded for the most creative, funniest, and most festive looks! The fun continues with a lively White Elephant gift exchange. Bring a wrapped gift ($5 max) and enjoy the excitement as participants take turns choosing, stealing, and swapping presents. **Registration deadline is December 14.**

Code	Dates	Day/Time	Location	R/NR
44510SP	12/21	M/2:00-4:00pm	WL	$10/12

Succulent Centerpiece Planting by Plant & Paws

Ages 55+

Our plant pro will help guide you in creating your very own living creation holiday centerpiece. Each participant will receive a glass vase to create a terrarium and choose from a variety of plants, decorations and holiday themed items to make a wreath for around the vase. Great for beginners looking for tips and tricks on how to care for house plants. **Registration deadline is November 12.**

Code	Dates	Day/Time	Location	R/NR
44509SP	11/19	Th/1:00-2:00pm	RC	$45/55

Senior Walking Club

Ages 55+

Step into better health and great company with our Senior Walking Club! This program is perfect for older adults who want to stay active, enjoy the outdoors, and connect with others. Come walk with us, make new friends, and take positive steps toward a healthier, happier lifestyle- one stride at a time! We will split our walks between the trail at White Oaks Park and Recreation Park. This club will walk rain, snow, or shine. We will use the indoor track at Recreation Complex if inclement weather. Coffee will be available. **Registration deadline is the day before each class.**

Code	Dates	Day/Time	Location	R/NR
44516SP	9/16	W/10:00-11:00am	WL	$3/5
44517SP	10/14	W/10:00-11:00am	RC	$3/5
44518SP	11/18	W/10:00-11:00am	RC	$3/5
44519SP	12/16	W/10:00-11:00am	RC	$3/5

Volo Museum & Fitzgeralds Fish Boil

Ages 55+

Join us for an all-inclusive trip to The Volo Museum, a one-of-a-kind destination with classic cars, immersive exhibits and hands-on experiences. After a day of exploring and working up an appetite, we will head up to Fitzgerald's Fish Boil for a delicious meal. Trip fee includes admission to the park, early dinner and transportation. **Registration deadline is September 3.**

Code	Dates	Day/Time	Location	R/NR
44514ST	9/10	Th/8:00am-6:00pm	Volo, IL & Genoa, WI	$83/93

Safari Lake Geneva

Ages 55+

Safari Lake Genva is a unique wildlife preserve that is home to animals from around the world. Our drive-through safari is consistently ranked as one of the most exciting things to do in Lake Geneva! Climb aboard one of our customized safari wagons for a 50-minute unforgettable educational adventure! We will head to Lake Genva for lunch on your own before heading back. Trip fees include admission to the park and transportation. **Registration deadline is September 23.**

Code	Dates	Day/Time	Location	R/NR
44516ST	9/30	W/8:45am-3:00pm	Lake Geneva, WI	$68/78

Drury Lane: Buddy Holly

Ages 55+

The Buddy Holly Story chronicles the life and music of rock and roll pioneer Buddy Holly from his early start in Texas to his meteoric rise to fame and untimely death at the age of 22. Experience the original sound that changed rock and roll music as we know it. Trip includes admission ticket, full plated lunch and transportation. **Registration deadline is September 17.**

Code	Dates	Day/Time	Location	R/NR
44517ST	10/8	Th/10:45am-4:00pm	Oakbrook Terrace, IL	$70/80

Activity Symbols

To assist participants, the shoe symbols give an idea of how much walking may be required on Wood Dale Park District trips. Shoes are indicated next to each trip title.

Light – minimal walking involved.

Moderate – Some walking, minimal stairs, and some standing.

Heavy – mostly walking, possibly stairs, a lot of standing.

Frank Loyd Wright Tour

Ages 55+

Enjoy a guided tour of the Frank Lloyd Wright Home and Studio with an outdoor self-guided audio walking tour of the surrounding Historic District. See the famed homes that were designed in Wright's studio. Trip includes admission and transportation. **Registration deadline is September 25.**

Code	Dates	Day/Time	Location	R/NR
44518ST	10/16	F/1:00-5:00pm	Oak Park, IL	$43/51

Joliet Prison Tour

Ages 55+

Join us for a 90-minute walking tour of the Old Joliet Prison led by docents and trained tour guides from the Joliet Area Historical Museum. This tour covers the prison's history from its opening in 1858 through its closure in 2002. Hear fascinating stories of prison life, notable inmates, escapes, and the evolution of the site. We will stop for lunch at your own costs before heading back. Trip fee includes admission and transportation. **Registration deadline is October 16.**

Code	Dates	Day/Time	Location	R/NR
44524ST	10/23	F/8:30am-3:00pm	Joliet, IL	$40/48



Morton Arboretum All Aboard Fall Bus Tour

Ages 55+

Enjoy the beauty of Autumn at Morton Arboretum from the comfort of our own Bus! Sit back and take in the vibrant foliage and scenic surroundings as we explore the area at a leisurely pace. This guided ride will take us through a 9-mile pathway of Fall colors. Lunch will be on your own at The Ginko Café. Trip fee includes admission and transportation. **Registration deadline is October 26.**

Code	Dates	Day/Time	Location	R/NR
44519ST	11/2	M/10:15am-3:00pm	Lisle, IL	$25/31

Mitchell Park Domes Museum

Ages 55+

Join us for a guided tour of the Mitchell Park Domes in Milwaukee. Come explore the Holiday Floral Dome Show in addition to the Desert and Tropical Domes, which offer a peaceful escape from the cold and grey December days. Lunch on your own. Trip fee includes admission and transportation. **Registration deadline is November 25.**

Code	Dates	Day/Time	Location	R/NR
44522ST	12/9	W/9:00am-4:00pm	Milwaukee, WI	$27/33

Candlelight Theatre: Christmas Carol on Strings

Ages 55+

Candlelight Theatre is a multi-sensory musical experience. Metropolis String Quartet brings the music of Christmas Carols on Strings at the Arts Center of Oak Park under the gentle glow of candlelight. Enjoy the sounds of the holidays among thousands of candles. Please note there are steps to enter and no food at this venue. Trip fee includes admission and transportation. **Registration deadline is December 11.**

Code	Dates	Day/Time	Location	R/NR
44523ST	12/18	W/5:00-8:00pm	Oakbrook, IL	$80/90

WOOD DALE PARK DISTRICT
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630-595-9333 wdparks.org

SENIOR CLUB

STAY SOCIAL • STAY ACTIVE • STAY CONNECTED

Who can join?
Adults 55 and better looking for fun, friendship, and engaging activities

What's included?
- ☑ **Monthly social gatherings**
- ☑ **Complimentary coffee, tea, and desserts**
- ☑ **Games, activities, and giveaways**
- ☑ **Monthly newsletter with updates and events**





Annual Membership Details
$25/year for Wood Dale residents
$35/year for non-residents

Membership renewal date: May 1

Membership dues will be reduced 50% after January 1. Full membership dues will start again in May.

How to Join
In-person at the Recreation Complex located at 111 E. Foster Ave.
Questions? Contact Jen Bolich at 630-948-0510