Fitness Specials & Incentives

Try It Before You Buy It
FREE GROUP FITNESS CLASS WEEK

SEPTEMBER 14-19

Curious about our fitness classes but not sure where to start? During our Try It Before You Buy It" Free Week, participant are invited to sample a variety of group fitness classes at no cost. Whether you're just getting started or looking to switch up your routine, this no-pressure week lets you find the classes that best fit your goals and schedule before committing to a full session. Come move, try something new, and see what motivates you! *This applies to group fitness classes only. Not applicable for the Fitness Studio.*

THANKFUL FOR Movement Week

NOVEMBER 2-8

A themed week of gratitude-based fitness for all our Fitness Studio Members! Fitness members can bring a free guest with them in the week of November 2-8 to workout together. This applies to the fitness studio and track only. Group fitness classes are not included. The free guest will need to sign a waiver at the front desk and both member and guest will be entered into a raffle to win a prize. Winner will be announced the week of November 9.

BLACK FRIDAY

NOVEMBER 27

New members who purchase any annual membership on Black Friday, November 27 will receive one free additional month and a fitness water bottle or fitness band free while supplies last.

12 Days of Wellness Challenge

December 1-12

This program is a great way to keep members engaged during a busy and often inconsistent time of the year. This simple, flexible and mix of physical, mental and social wellness every member can participate in, no matter what their fitness level is.

This program is free, but you do need to sign up to participate. You will be notified after the registration deadline with how this program will work. **Registration deadline is November 24. Code: 4420MFC.**

Student & Teacher WINTER SPECIAL

DECEMBER 1-JANUARY 31

Students and teachers can purchase a one-month fitness membership at our Fitness Studio for only $10! Must show valid school I.D. for students and teachers. Pass is only valid for one month from purchase date. No renewals after January 31.