

Seniors

Starting 55+

Who to Contact

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New Year's Party: Line Dancing

Ages 55+

Kick off the New Year with music, dancing, and good friends! Join us for a fun-filled line dancing party by Step in Line Dance & Fitness. Whether you're an experienced dancer or just want to tap your toes and enjoy the music, everyone is welcome! Come celebrate the New Year with great company, cheerful energy, and plenty of smiles. Let's dance our way into a happy and exciting New Year. **Registration deadline is January 8.**

Code	Dates	Day/Time	Location	R/NR
11018SP	1/15	F/2:00-4:00pm	WL	$20/24

Valentine's Party

Ages 55+

Join us for a fun and festive Valentine's Day celebration filled with friendship, creativity, and Chocolate! Enjoy refreshments, sweet treats, and a special Valentine's Day craft activity where you can create a beautiful handmade keepsake to take home or share with someone special. Come dressed in your favorite Valentine's colors and celebrate the special bonds of love, friendship, and community. **Registration deadline is February 8.**

Code	Dates	Day/Time	Location	R/NR
11019SP	2/11	Th/1:00-3:00pm	RC	$16/20

St. Patty's Day Celebration

Ages 55+

Join us for a cheerful St. Patrick's Day celebration filled with Irish music, laughter, friendship, and plenty of green! Enjoy festive refreshments and fun St. Patrick's Day games. Wear your favorite green attire and come ready for an afternoon of good company, smiles, and festive fun. Let's make some wonderful memories together and celebrate the spirit of St. Patrick's Day! **Registration deadline is March 8.**

Code	Dates	Day/Time	Location	R/NR
22027SP	3/15	M/1:00-3:00pm	WL	$16/20

Chicago Cubs Home Opener at 390 Golf Experience

Ages 55+

Let's Play Ball! Join us as we celebrate the Chicago Cubs' Home Opener with an afternoon filled with baseball, fun, food, and friendship! Enjoy classic ballpark-inspired snacks and refreshments. Wear your favorite Cubs gear, bring your baseball spirit, and get ready for a fun-filled celebration as we kick off another exciting baseball season! Raffle prizes at the bottom of each inning. **Registration deadline is March 19.**

Code	Dates	Day/Time	Location	R/NR
22026SP	3/25	Th/12:30-4:30pm	3GE	$22/26

Trivia & Tea

Ages 55+

Put your thinking caps on and join us for a delightful Trivia & Tea Party! Enjoy a relaxing afternoon of tea, tasty treats, laughter, and friendly trivia competition. Test your knowledge with fun questions covering music, movies, history, food, pop culture, and more! **Registration deadline is April 13.**

Code	Dates	Day/Time	Location	R/NR
22028SP	4/20	Tu/2:00-4:00pm	WL	$20/24

Chair PIYO

Ages 55+

Grab a friend and join us for this brand-new fitness program. Strengthen, stretch, and move better in this dynamic chair yoga and Pilates class. Designed for all fitness levels, this class focuses on mobility, flexibility, and core strength, with optional light weights for extra resistance. **Instruction by Chicago Loves Dance. Registration deadline is one week before the first class.**

Code	Dates	Day/Time	Location	R/NR
11514SP	1/8-2/26	F/10:00-11:00am	RC	$120/130
22515SP	3/5-4/30	F/10:00-11:00am	RC	$135/145



A Stroll around ABT & Lunch

Ages 55+

ABT is a third-generation, family-owned electronics and appliance retailer. ABT began as a small Chicago radio shop and has grown into one of the largest independent single-location retailers in the U.S. We will spend the morning browsing the store, then head out for lunch on your own at a local restaurant. Trip includes transportation. **Registration deadline is January 7.**

Code	Dates	Day/Time	Location	R/NR
11007ST	1/11	M/10:00am-3:00pm	Glenview, IL	$10/12

Bowling at Wood Dale Bowl & Lunch

Ages 55+

Whether you're an experienced bowler or haven't bowled in years, everyone is welcome. This outing is a great opportunity to stay active, meet friends, and enjoy time together in a relaxed, friendly atmosphere. We will play two rounds, then head to lunch on your own in Wood Dale. The trip includes bowling and transportation. **Registration deadline is January 15.**

Code	Dates	Day/Time	Location	R/NR
11008ST	1/19	Tu/10:00am-2:00pm	Wood Dale, IL	$12/14

The Dining Room at Harper College

Ages 55+

Come support Harper College's Hospitality Management Program, which provides training in every aspect of managing hotels and restaurants, including food preparation, menu planning, operations, and safety. All food is prepared and served by the students enrolled in the Hospitality Management Program. Trip includes lunch and transportation. **Registration deadline is January 18.**

Code	Dates	Day/Time	Location	R/NR
11009ST	1/21	Th/11:15am-2:00pm	Palatine, IL	$16/20

Garfield Park Conservatory & Garden

Ages 55+

The Garfield Park Conservatory is one of Chicago's most beautiful indoor botanical attractions and is often called "landscape art under glass." Located on the city's West Side, the historic conservatory opened in 1908 and features approximately two acres of indoor gardens. Take a break from the cold and enjoy a serene day. The trip includes ticket admission and transportation. Lunch will be on your own at a nearby restaurant. **Registration deadline is January 28.**

Code	Dates	Day/Time	Location	R/NR
11010ST	2/4	Th/9:30am-3:00pm	Chicago, IL	$10/12

Activity Symbols

To assist participants, the shoe symbols give an idea of how much walking may be required on Wood Dale Park District trips. Shoes are indicated next to each trip title.

Light – minimal walking involved.

Moderate – Some walking, minimal stairs, and some standing.

Heavy – mostly walking, possibly stairs, a lot of standing.

Dolly Parton 9-5

Ages 55+

Based on the hit 1980 movie, this hysterical and empowering musical is the story of three unlikely friends who concoct a plan to get even with their sexist, egotistical, lying, hypocritical bigot of a boss. With music and lyrics by Dolly Parton, 9 to 5 is a nostalgic joyride that proves there's nothing women can't do. Your ticket includes a full-plated lunch and transportation. **Registration deadline is January 20.**

Code	Dates	Day/Time	Location	R/NR
11011ST	2/10	W/10:45am-4:45pm	Oakbrook Terrace, IL	$120/130

Movie Matinee & Lunch

Ages 55+

Save the date and join us for a movie and lunch. Once the 2027 movie selections are released, we'll call you with the trip details. The trip includes a movie ticket and transportation. Lunch at a local restaurant will be on your own. **Registration deadline is February 16.**

Code	Dates	Day/Time	Location	R/NR
22017ST	2/23	Tu/11:00am-3:00pm	Schaumburg, IL	$30/36

Northwest Suburbs Restaurant Week

Ages 55+

Save the dates! Join us for three days of good food and great company. Restaurant Week is a dining event that highlights restaurants in the northwest suburbs with special pre-fixed and discounted menus. We will notify you once the restaurants are chosen and menus are released. Trip includes lunch and transportation. **Registration deadline is one week before trip date.**

Code	Dates	Day/Time	Location	R/NR
22013ST	3/1	M/11:00am-1:30pm	NW Suburbs	TBD
22014ST	3/4	Th/11:00am-1:30pm	NW Suburbs	TBD
22015ST	3/5	F/11:00am-1:30pm	NW Suburbs	TBD

Wayfair & Waffles

Ages 55+

Join us for a fun and relaxing trip to Wayfair and Walker Brothers Restaurant! You will have the opportunity to explore Wayfair, browse a variety of home décor and furniture, and enjoy some shopping and social time. Afterward, we'll head to Walker Brothers Restaurant for a delicious meal in a warm and welcoming atmosphere. This trip is a wonderful chance to get out, enjoy good food, do some shopping, and spend quality time with friends. The trip fee includes transportation. Lunch will be on your own. **Registration deadline is March 26.**

Code	Dates	Day/Time	Location	R/NR
22016ST	4/2	F/10:00am-3:00pm	Wilmette, IL	$10/12

Beller Museum Tour

Ages 55+

Ready to learn about innovation at its best? When you visit The Beller Museum, it's more than just a showroom; its car museum provides background on how cars came to be. From Henry Ford and his remarkable assembly line to the best of the best cars from Detroit's heyday. After our tour, we will head out to lunch on your own. Trip includes ticket admission and transportation. Lunch will be on your own. **Registration deadline is April 8.**

Code	Dates	Day/Time	Location	R/NR
22018ST	4/12	M/9:00am-2:00pm	Romeoville, IL	$10/12

The Wild Mile: The World's First Ever Floating Eco-Park

Ages 55+

This floating eco-park takes a wildlife-first approach to public greenspace. Located along the North Branch Canal of the Chicago River, it features ADA-accessible boardwalks and floating artificial habitats. The Wild Mile offers recreation, education, research, community gatherings, and more. Join us for a stroll, followed by lunch. Trip includes transportation. Lunch at a nearby restaurant will be on your own. **Registration deadline is April 16.**

Code	Dates	Day/Time	Location	R/NR
22019ST	4/23	F/10:30am-4:00pm	Chicago, IL	$10/12

